

About the Author

Dr Piyush Saxena, aged 51 years, is a man of many talents - a corporate professional, a naturopath, magician, thinker and writer, an actor and above all, a considerate person. He graduated with a BSc (Physics) and MA (Modern History) from Allahabad University. Later he got a PhD in Naturopathy from USA.

His professional life commenced with working for Bank of India from 1981 to 1995 in UP. Thereafter, he joined Reliance Industries Limited in 1995. Currently he works for them as a Senior Vice President (Corporate Affairs) at Nariman Point, Mumbai. His father Justice Krishna Narayan retired as a High Court judge from Allahabad. His mother Shanta is a housewife, wife Shubha is a teacher, son Prakhar is a software engineer in USA and daughter Priyanshi is working in the field of media client relations.

His articles on health, wellness and social issues affecting lives of people all over the world have featured in various well-known Indian publications and numerous radio and TV channels. He is an advocate of cleansing therapy that focuses on the cure of ailments by the removal of toxins from the body. This simple, yet highly effective remedy has proven to be a boon for modern society that is often looking for alternatives to regular allopathic remedies. He has delivered lectures on cleansing therapy at many locations in the country. He has developed a large list of inquisitive patients, who consult him ever after on problems of self, family members and friends.

Working for the television and films is his hobby. He performs in a variety of roles, in numerous TV serials and movies. Since 2004, he has also acted as Santa Claus at Christmas parties for children every year. He enjoys the company of children and performs magic shows for them at birthday parties and schools/colleges, as also for mature audiences, providing entertainment and relief from their monotonous routine.

Dr Saxena is fond of travelling. He believes that travelling is a part of education. He visits lands unknown to understand the culture and lifestyle of diverse people. In his quest, he has

travelled far into the interiors of India. He has made the arduous climb to the base of Mount Kailash. He has explored the virgin expanse of Antarctica. He braved a night with wildlife in interior rural Africa. He endured a chilly wintry night to watch a theatre show in Lahore, Pakistan. He has travelled to all continents and visited countries as diverse as USA, UK, France, Germany, Switzerland, Italy, Japan, Australia, Brazil, Argentina, Chile, Uruguay, Falkland Islands, Hong Kong, Singapore, Thailand, Malaysia, UAE, South Africa etc.

He is a good cook and specializes in North Indian delicacies. He is a teetotaler, non-vegetarian and fond of eating. Intellectual pastimes like chess and bridge provide welcome relief from daily routine. Vigorous activities like swimming, diving and squash are regularly practiced by him in order to keep mind and body ready to face all challenges.

Not being content with merely experiencing various issues that face modern society and experimenting with solutions, Dr Saxena also records them for posterity. Most notable is his penning of path breaking bestsellers. The first, 'Everything Men Know About Women' covers all facts of women that men know or can ever discover. It was reviewed by many leading national newspapers of the country. His second book 'Cure Yourself' was greatly appreciated by readers for its novel yet holistic and simplified approach to the treatment of modern chronic ailments.

His third book is 'Life of a Eunuch'. It is a well researched effort studying various aspects of their lives. It provides details of eunuchs' history, lifestyle, festival celebrations, living with *guru*, means of livelihood, prostitution, crime, trade of eunuchs, private gatherings, death rituals, gender identity etc. The book also explores subjects like ambiguous genitalia, sex change surgeries, urethra, castration etc. in text, sketch and photo representations.

Dr Saxena possesses a Masters degree in Reiki healing. He has delved into past life regression (PLR) through hypnosis. It helps to cure problems e.g. chronic ailments, chronic fears, relationship problems etc. He has done more than 50 PLRs so far and most of his 'patients' have reported a considerable improvement in their situation after the regressions. He is in the process of researching a fourth book, 'Know Your Past Life'.

All his articles and the books are available on <http://www.drpiyushsaxena.com> for free download.

Reproduced below is an excerpt from 'The Newsmaker', the corporate magazine of Dr Saxena's employer, Reliance Industries Limited, recognising him for his outstanding talents and outlining a person well loved and liked.



 MEMO
  NOTEPAD
  MINDSCAPE
  MIND TREE
  NOTEWORTHY
  NEWS WHEEL
  MIND BENDER
  MARKET PLACE

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Congratulations Mihir !

Mihir Adhav son of Avinash Adhav from Business Development, Polymer, RIL has received a Bronze medal for securing third rank (school rank) at the International Olympiad of English Language 2009. The International Olympiad of English Language is organized by Computer Literacy Foundation, New Delhi and supported by Silver Zone, New Delhi. Mihir is a student of Class III of the Ryan International School, Nerul, Navi Mumbai.



Mihir Adhav

Mihir has also secured fourth rank (school rank) in International Olympiad of Mathematics, organized by Mathematics Olympiad Foundation, New Delhi and secured eighth rank (school rank) in 8th National Cyber Olympiad, organized by Science Olympiad Foundation, New Delhi.

Weaving magic



Dr. Piyush Saxena

'Where there is a will there is a way'- is a philosophy that Dr.Piyush Saxena, Senior Vice President, Corporate Affairs, RIL has deeply imbibed. And it is no wonder therefore that Dr. Saxena is also an author, magician and an actor. Dr. Saxena has to his credit two books, several magic shows and television/film appearances. Dr. Saxena's demanding work schedule has not deterred him from pursuing his interests, which include writing, practicing past life regression naturopathy and conducting magic shows. Dr. Saxena has been part of the Corporate Affairs team at Reliance since 1995. He has authored two books 'Every Thing Men Know About Women' and 'Cure Yourself'. The former book is the culmination of a lifetime of precious experience, gleaned through his interaction with thousands of men and women he has dealt with over the years. The book 'Cure Yourself' talks about cleansing therapy to cure various medical problems through kidney cleanse, acidity cleanse, parasite cleanse, liver cleanse and joint cleanse, by sitting in the comfort of one's home. The book is available for free download at www.menknowwomen.com. The book has the views and excerpts of several eminent personalities, who have benefited from this practice and are glad to share their experience.



Dr. Piyush Saxena performing a magic show

His fascination with magic started as a child, when he would visit fairs with his father and be amazed by the little tricks conducted by the magicians at the fair. It was many years later, when as an adult on a trip to Mussorie he chanced upon a store selling tricks. He immediately purchased all the tricks in the store and requested the owner to teach him how to perform them. Today, he is fondly known as 'Magician Uncle' among children in the family and neighborhood and voluntarily conducts magic shows at no cost in schools and NGOs on request. "The excitement of the children, seeing the joy on their faces motivates me," he shares.

NOTEWORTHY