



# Parasite Cleanse - Part 1

## Clarkia Tincture

### History of Parasite Protection

Most plants existed thousands of years before humans evolved. These plants had to discover a way to survive and to reproduce. They had to be stronger than their enemies: insects, worms, caterpillars, fungi-yeasts, amoebas, bacteria, viruses, snails etc. Most plants developed a wide arsenal of chemicals, and those chemicals were used for protection against insects, worms, amoebas, bacteria and viruses. Early animals and early humans learned to use these plants to protect themselves from their own parasites and diseases. Many human parasites have a part of their life cycle in animals. Many plants we consume everyday help our immune system deal with parasites and promote our health. These plants, along with other fruits and spices, strengthen our immune system, e.g. garlic, onion, cayenne pepper, black pepper, ginger, lemon, cinnamon, peppermint, carrots, broccoli and flax seeds.

Killing all parasites is almost impossible using clinical medicines which kill one or two types of parasites each. A few of the medicines available tend to make you quite ill. Imagine taking 10 such drugs to kill a dozen of your parasites! This may be good news, perhaps for the pharmaceutical industry but not for you.

### Herbs That Kill Parasite

Black walnut hulls (*akhroat ka chhilka*), cloves (*laung*), wormwood (*Artemisia absinthium*), garlic (*lahsun*), pumpkin (*kaddu*) seeds, cayenne pepper (*lal mirch*), goldenseal, sage, thyme (*ajwain*), fennel (*badee saunf*), male fern, cranberry (*karonda*) powder, grapefruit (*paprus*) seed extract, apple kernel, olive (*jaitun*) leaves extract, apple seeds, diatomaceous earth.

The worst thing about medicine is that  
one kind makes another necessary.



## Cure Yourself

Three plants (black walnut, wormwood and cloves) developed extremely strong natural chemicals, classified as vermicides.

**Black walnut** (*akhroat*) developed strong protection for its seeds/nuts. The green hull of black walnut contains several potent chemicals, strong herbicides, fungicides and vermicides, including Juglon.

**Wormwood** developed strong protection for its leaves and flowers. Among other chemicals, wormwood also contains Thujon, a potent toxin/vermicide, virucide and antibiotic.

**Cloves** (*laung*) developed strong protection for its flower buds. No other herb is as potent an egg vermicide as cloves.

These three herbs have been highly appreciated by humans for many generations. They can get rid of over 100 types of parasites in our bodies, without causing any headache, nausea or interference with any medicinal drugs that you are already on. Does this sound too fantastic? They are nature's gift to us.

These three herbs must be taken together. Black walnut hull and wormwood kill adults and development stage of not less than 100 parasites. Cloves kill the eggs. If you kill only the adults, the tiny stages and eggs will soon grow into new adults. If you kill only the eggs, the hundred stages already loose in your body will soon grow into adults and make more eggs. The three herbs must therefore be used together as a single treatment. Only if you use them together will you get rid of parasites.

### Where Can I Get Those Herbs?

There are couple of websites selling different versions of this recipe. They may be searched on internet. I have used Clarkia drops and I have found them to be effective. As Clarkia is a tincture, it can be used with enema and that way it can much better kill parasites hidden

It is sometimes as dangerous to be run into  
by a microbe as by a trolley car.



## Parasite Cleanse

inside the colon. Medicine, when taken orally is too diluted to make an impact, when it reaches the colon. If taken as enema, it is quite concentrated, giving best results.

Clarkia is composed of water, grain alcohol (about 37%) and an alcohol extract of three herbs: black walnut, wormwood (*Artemisia absinthium*) and cloves. You should take about 15 drops of Clarkia three times-a-day. Each treatment should last for two weeks. Try taking Clarkia on an empty stomach. If you get nausea, you can take Clarkia with food or after a meal and/or with water. If you can bear it with no nausea, then take it on empty stomach for best results. If the taste is too strong, dilute Clarkia with water or any juice. I take Clarkia on an empty stomach, 15 ml three times-a-day, on tongue without water for six-eight days continuously, combined with zapping and drinking colloidal silver water twice a day, before doing my liver cleanse once in six months.

One small Clarkia bottle has 1000 measured drops. It is good for one round of treatment of two patients for 12 days x 14 drops x 3 times-a-day. The cost of one small bottle is Rs 2,500/-. The manufacturer justifies the high cost as follows: The medicinal properties of these plants, viz black walnut, wormwood and clove are best if they are used fresh for extracting oils. These plants are grown at high altitude. High powered cranes are employed by farmers to harvest these plants. Therefore, the cost of oils extracted from these plants is high.

For more information, visit

<http://www.drclarkia.com>

<http://www.drclarkstore.com>

<http://www.curezone.com/diseases/parasites/parasitescleanse.asp>

Black walnut hull and wormwood kill adults and development stage of not less than 100 parasites.



# Parasite Cleanse - Part 2

## Zapper

### Concept

Every living being broadcasts its presence with frequencies, like a radio station transmitter; the zapper uses electricity that is powerful enough to kill parasites but not powerful enough to harm you. A theory of the zapper is to transmit a frequency in alliance with the parasites' unique biorhythms, to momentarily disable them and thus allowing your own immune system to take hold of the foreign body and eliminate it. It is a battery operated DC pulse (positive offset) generator with output amplitude of 5 volts (open circuit) and a frequency between 10 Hz to 500 kHz (10 to 5,00,000 pulses per second) with a limited current output.

### How Does a Zapper Work?

The zapper current at the specified voltage and frequency stuns the pathogen and disrupts its hiding abilities. Once discovered, the white blood cells single them out as foreign objects. This enables the body's immune system to identify and eliminate the pathogens including parasites, bacteria and most viruses. It happens quickly in about an hour. The white blood cells will proceed to surround the dead invaders and they are removed from the body via urine and/or stools. The zapper produces a positively offset square wave of the desired frequencies, i.e. 2128 Hz, 2500 Hz, 10 kHz or 30 kHz. It kills only small life forms and does not harm the human body.

The zapper is an instrument. It can be used again and again. It keeps working. If damaged, it can be repaired by the manufacturer. The zapper is many times more effective than Dr Clarkia's parasite cleanse bottles. Even children can use all three safely. Zappers are

The rewards of using a zapper are worth many times the investment involved.



## Cure Yourself

sold by the thousands around the world, killing bacteria, protozoa and other parasites. There are several different zapper models and options available to suit your requirements. Select one that best suits your requirements (see page 92).

### How to Zap?

You will need two small pieces of cloth. You should moisten them with salted water until they are wet. Salted water is used to improve electric conductivity. Do not use unsalted water because that has a high resistance to electric current and hence, will not conduct the weak electric current generated by the zapper into your body.

1. Install battery, if it is not already in.
2. Prepare salt water solution by adding a teaspoon of salt to water.
3. Place paper towels, sponge (or cloth) which has been wetted with salt water solution around the copper pipes.
4. Turn power on to your zapper.
5. Grasp copper pipes one in each hand and hold firmly.
6. Continue to hold for seven minutes.
7. Do the second zapping for another seven minutes (reverse copper pipes by exchanging hands).
8. Disconnect the zapper and wait another seven minutes.
9. Do the third zapping for again seven minutes at changed frequency.
10. Do the last fourth zapping at changed frequency by exchanging pipes in both hands.
11. Repeat three times every day for seven to ten days.
12. I have used zapper copper pipes in the armpits, neck, tongue, behind the elbows and knees for better results. Probably because the skin cover in these parts is soft, hence current is able to flow into the blood in a strong way (see page 204).

For more details, read the instructions booklet provided with the zapper.

In her book, 'The Cure For All diseases', Dr Hulda Clark describes how certain parasites affect our health and how we can improve our health by killing them with a parasite zapper.



## What Changes Can You Expect to See from Zapping?

- Acne disappears in short time
- Better joint mobility
- Breathing improves
- Carpal tunnel syndrome (wrist pain) gone in a day or so
- Cuts, scrapes, wounds, infections heal rapidly
- Dead tapeworms in the toilet after a week or so
- Earache disappears
- Eliminates sinus infections quickly, stops toothaches
- Establishes normal pH within a few days (most cases)
- Eyes less bloodshot
- Flu and cold gone
- Helps remove heavy metals and organic toxins
- Improved mental clarity
- Improved sleep (better dreams)
- Less body, breath and foot odour
- No more depression
- No more migraine
- No more PMS (pre-menstrual syndrome)
- Psoriasis disappears
- Quickly removes (even chronic) pain
- Ringworm gone
- Scabies eliminated
- Skin tone immediately improved
- Stops dandruff
- Stops itching, even from bug bites
- Stops ulcers
- Tumours disappear
- Unbelievable positive feeling
- Warts shrink and disappear
- Yeast and candida type fungi go quickly.

All patients have the burning desire to be able to function without their medicines.



## Cure Yourself

In addition to the use of zappers, you can prevent parasites from reinvading your body. No worm or parasite can exist outside of its environment. Therefore, if you change your inner environment through cleansings and eating good foods, your parasites cannot exist. These methods generally include cleansing the intestinal tract, modifying the diet, using a substance that kills the parasites, recolonizing the intestinal bacteria and taking preventive measures. Preventive measures in the diet include steering clear of raw or undercooked meat and fish. Keeping the diet free from junk foods will definitely discourage parasites. Be careful of salad bars in restaurants and avoid those varieties of cheese that have been aged for a long time. Wash your hands after you use the bathroom, before eating, after changing diapers and handling pets. Avoid swallowing mucus from your throat, practice safe sex and keep your colon clean.

### **Why Do We Need to Zap Three Times?**

That's because small viruses also infect larger parasites in the body. When you first zap, you will definitely kill parasites. However, after some time, the viruses, who are not harmed will get out of the parasites. That is exactly when you strike again with the second zapping. The third zapping is for the same reason because this housing process can work two levels deep: a virus in a parasite that is housing in another parasite itself. If you forget the second or third zapping, the problem may recur but the intensity will be diminished due to the first zapping.

Worms disintegrate quickly after they are killed, so you will not likely see dead ones unless they are expelled shortly after they die. If flu or cold symptoms continue after a day of zapping, you are probably experiencing the effects of food poisoning or mould from stale household air (which is why this often happens in a non-ventilated atmosphere, such as an air-conditioned room and disappears as soon as the windows are opened).

Doctors think a lot of patients are cured  
but they have simply quit in disgust.





# Parasite Cleanse - Part 3

## Colloidal Silver

Colloidal silver is a liquid suspension of microscopic particles of silver. A colloid is defined as particles which remain suspended in the liquid without forming an ionic or dissolved solution. The broader commercial definition of 'colloidal silver' includes products that contain various concentrations of ionic silver, silver colloids, ionic silver compounds or silver proteins in purified water. Colloidal silver is pure, metallic silver (not a chemical compound) of particles 15 atoms or fewer, each with a positive electric charge, and attached to a molecule of simple protein. This new particle floats in pure water. The electric charge is stronger than gravity so the silver particles do not sink.

## History and Applications

Compounds of silver also have a long history in medicine. Silver nitrate solutions were introduced in 1880 to protect newborn infants' eyes from infection, but have largely been replaced by antibiotic ointments since 1978. Silver-containing creams such as silver sulfadiazine have been used in burn centres for more than 100 years. Unani medicine used silver leaves for health benefits.

Concentrations of colloidal silver at five parts per million (ppm) or higher have been found to kill numerous infectious bacteria. One ppm is equivalent to one milligram of solid per litre of liquid (mg/l). Prior to 1938, colloidal silver was widely used by physicians as a mainstream antibiotic but the material was costly and the pharmaceutical industry developed fast acting and less expensive sulphur drugs and penicillin.

## Method of Action

Colloidal silver appears to be a powerful natural antibiotic and

Silver water spoils very fast in daylight. It is safe to store it in dark coloured bottles.



## Cure Yourself

preventative against infections. The presence of colloidal silver near a virus, fungus, bacterium or any other single celled pathogen disables its oxygen metabolism enzyme via the oligodynamic effect by inhibiting the expression of enzymes and other proteins essential to ATP production. Within a few minutes, the pathogen suffocates and dies, and is cleared out of the body by the immune, lymphatic and elimination systems. The result is the destruction of disease-causing organisms in the body and in the food. Unlike pharmaceutical antibiotics which destroy beneficial enzymes, colloidal silver leaves these cell enzymes intact, as they are radically different from the enzymes of primitive single celled life. Single celled bacteria cannot mutate into silver-resistant forms, as with conventional antibiotics. So no tolerance to colloidal silver develops through mutation. Also, colloidal silver does not interact or interfere with other medicines being taken. Inside the body, silver apparently does not form toxic compounds or react with anything other than a germ's oxygen-metabolizing enzyme. Thus colloidal silver is absolutely safe for humans, reptiles, plants and all multi-celled living matter.

Due to the rapid action of colloidal silver, the five eliminatory channels of the body (liver, kidneys, skin, lungs and bowel) may be temporarily overloaded, causing flu-like conditions, headache, fatigue, dizziness, nausea or aching muscles. Increase your water intake. Regular bowel movements are necessary to relieve the discomforts of detoxification. Reduce dietary sugar and saturated fats, and exercise more. Given the opportunity, the body's natural ability to heal may amaze you.

Science Digest, March 1978, in 'Our Mightiest Germ Fighter' had mentioned, "Thanks to eye-opening research, silver is emerging as a wonder of modern medicine. An antibiotic kills perhaps a half-dozen different disease organisms but silver kills some 650. Resistant strains fail to develop. Moreover, silver is virtually non-toxic."

A Short History of Medicine - 2010 B.C. - Here, eat this root.  
1000 B.C. - That root is sin (heathen), say this prayer.  
1850 A.D. - That prayer is superstition, drink this potion.



## Dosage

One teaspoon of five ppm colloidal silver equals about 25 micrograms (mcg) of silver. One-four teaspoons per day is generally considered to be a nutritional amount and safe to use for extended periods of time. Amounts higher than this are not necessary.

## Uses

Some have used colloidal silver in a nasal spray mister - to reach the sinuses and nasal passages. Spray bottles have been used for topical use on kitchen and bathroom surfaces, skin, sore throat, eyes, burns, etc. Colloidal silver is painless on cuts, abrasions, in open wounds, in the nostrils for a stuffy nose, and even in a baby's eyes because, unlike some antiseptics, it does not destroy tissue cells. It's excellent as an underarm deodorant, since most underarm odour is caused by bacteria breaking down substances released by the sweat glands!

Taken orally, the silver solution is absorbed from the mouth into the bloodstream and then transported quickly to the body cells. Swishing the solution under the tongue before swallowing may result in faster absorption. In three to four days, the silver may accumulate in the tissues sufficiently for benefits to begin. It normally takes the kidneys and the lymph system several weeks to flush out the ingested colloidal silver. Hence, it remains in the body for longer duration and gives therapeutic effects. If you are routinely exposed to dangerous pathogenic germs, take a regular daily dose of colloidal silver water for protection. In cases of minor burns, an accumulation of colloidal silver may hasten healing, reducing the possibility of scar tissue and infection. To purify water, add 50 ml colloidal silver water per five litres. It is widely believed in the natural healing arts that the lives of lakhs of people who are susceptible to chronic low-grade infections can be enhanced by this preventative health measure.

1940 A.D. - That potion is snake oil, swallow this pill.  
1985 A.D. - That pill is ineffective, take this antibiotic.  
2010 A.D. - That antibiotic is artificial. Here, eat this root.



## Cure Yourself

I recommend taking 50 ml colloidal silver water daily for four days, to establish a level, then 20 ml daily for maintenance (proportional to body weight for children). After six weeks, a pause of several weeks may be taken. Also, colloidal silver can be applied directly to cuts, scrapes, and open sores, or on a bandage for warts. It can be applied on eczema, itches, acne or bug bites. Colloidal silver has been reported by users to be both a remedy and a preventive measure for numerous infections, colds, flus and fermentations due to various bacteria, viruses or fungi, even the non-apparent low grade, general body infections many people have. Older folks reportedly feel younger because their body energies are used for other uses than constantly fighting disease. Digestion has also been reportedly better. Medical research has shown that silver promotes more rapid healing, with less scar tissue, even in the case of severe burns.

Colloidal silver is tasteless and will not sting even a baby's eyes and will not upset your stomach. It is not an allopathic drug. Irregular use of colloidal silver helps in the cure of most or all medical problems as listed on page 63/79 and elsewhere in this book.

### **Product Quality**

The highest grade is produced by the electro-colloidal/non-chemical method where the silver particles and water have been colloided, i.e. dispersed within and bound to each other by an electric current. As a result, the superfine silver particles are suspended indefinitely in demineralised water. The ideal colour of colloidal silver is cloudy white. High concentrations of silver do not kill disease germs more effectively than the safe range of three to five ppm.

### **Availability**

MonoAtomic Colloidal Silver Maker is available from USA. In India, you may contact your neighbourhood chemist/store or Mr Priya Patankar (see page 82 for address).

So many people spend their health gaining wealth and then have to spend their wealth to regain their health.



## Frequently Asked Questions Parasite Cleanse

Q.51	Is the zapper safe?
A. 51	Yes, it is safe for everyone, except women in late pregnancy and patients using pace maker. You may sometimes feel a little worse at the start as the parasites die off but this is usually gone in an hour or two.
Q.52	Can I get electrocuted by the zapper?
A. 52	It is impossible with a 9V battery. The output voltage is even less.
Q.53	What is the best time to zap?
A. 53	Any time convenient to you.
Q.54	What should I do if the shiny copper pipes that I hold are tarnished quickly?
A. 54	The tarnish is normal and harmless. You can remove it with green 'Scotchbrite' coarse jute scrubber. The two pipes should not touch each other, when the zapper is switched on.
Q.55	Does it matter which pipe goes into which hand?
A. 55	No. During the course of zapping, you need to interchange the pipes in either hand.
Q.56	How do I know that the zapper is working?
A. 56	Switch on an AM (not FM) radio. With the zapper turned on, turn the tuning dial until a whine or squealing sound is heard. Turn the zapper on and off several times. If the whine starts and stops in coordination with the zapper being turned on or off, then the zapper is working.
Q.57	How do I know that the zapper is working at the desired frequency?

The current of the zapper is too low to cause electrocution.  
You may safely use it without any fear.



## Cure Yourself

A. 57	Measure the frequency of your zapper by connecting an oscilloscope or frequency counter to the pipes at any radio repair shop. Talk to your zapper manufacturer.
Q.58	Should I take the herbal parasite cleanse with zapper?
A. 58	Yes, so you have an all round attack. Have parasite tincture enema for still better results.
Q.59	Do you recommend taking all three, viz parasite cleanse tincture, zapper and colloidal silver together for two weeks?
A. 59	I shall say that this is the best combination with one/two kidney cleanse and green juice therapy, followed by liver cleanse. You will feel like a new person after doing so.
Q.60	Is there a pathogen (bacteria, viruses, mites, flatworms, hookworms, roundworms, tapeworm etc) frequency chart ailment-wise, so that a suitable zapper of a particular frequency may be selected for a particular patient?
A. 60	Yes, write to your zapper manufacturer and they will e-mail it free of cost. However, that is effective only when you have tried the liver cleanse more than once. Your zapper manufacturer can manufacture a zapper of any desired frequency and current output, depending upon your need.

I would have taken better care of myself,  
if I had known I was going to live so long.